

# 2018 SUMMER CAMP EARLY BIRD SPECIAL

~February 28<sup>th</sup>

~April 30<sup>th</sup>

After May 1<sup>st</sup>

6 weeks +

\$209/week

\$229/week

\$249/week

5 weeks -

\$219/week

\$239 /week

\$259/week

364 S. PICKETT ST. ALEXANDRIA, VA 22304

ONEKICKVA@GMAIL.COM

703-751-0000

Parent/Guardian Name				
Address			Zip Code	Grade
	City			
Camper name (1)			DOB	
Camper name (2)			DOB	
Contact Information (Phone Number)	Primary			
	Secondary			
Email (for updates)				

- Non-Member Registration fee: \$100 (TKD Uniform, Drawstring Bag and Camp T-shirt Included).
- Siblings discount is \$10 off/week for the second child's tuition rate.
- Full Day Summer Camp (8:00am – 6:00pm) / 3 Days: \$180, 4 Days: \$209
- Early Drop-off (7:30 – 8:00am): Additional \$25/week      Late Pick-up (6:00 – 6:30pm): Additional \$25/week.
- **Registration fee & Deposit payment are not refundable.**

Week	Dates	Amount/week	<u>\$30</u> Deposit/week	Early or late care \$25/week	Total unpaid amount
1	June 18-22			Early / Late, \$25 / \$25	
2	June 25-29			Early / Late, \$25 / \$25	
3	July 2-6 (4days)	\$209		Early / Late, \$25 / \$25	
4	July 9-13			Early / Late, \$25 / \$25	
5	July 16-20			Early / Late, \$25 / \$25	
6	July 23-27			Early / Late, \$25 / \$25	
7	July 30-Aug 3			Early / Late, \$25 / \$25	
8	Aug 6-10			Early / Late, \$25 / \$25	
9	Aug 13-17			Early / Late, \$25 / \$25	
10	Aug 20-24			Early / Late, \$25 / \$25	
11	Aug 27-31			Early / Late, \$25 / \$25	

## Payment Information

- Credit Card (circle one): VISA / MasterCard
- Debit Card (circle one): VISA / MasterCard

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ V-code: \_\_\_\_\_

By signing below, you agree to be billed for summer camp for the weeks indicated above. The payment is due the Friday before your next week of Summer Camp. Additional days may be added contingent upon availability with at least 2 weeks' notice and with the prior approval of the Onekick Martial Arts Director.

Parent Name (please print): \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date : \_\_\_\_/\_\_\_\_/\_\_\_\_

## Terms

This Registration form is a contract that is legally binding and must be upheld by both customer and Onekick. This contract is non-cancellable and non-refundable. Automatic payment is required via credit/debit card for unpaid balance. Onekick reserves the right to alter the days, hours of operation and classes if deemed necessary. The student and co-signer agree unconditionally to pay the above camp tuition without regard to the attendance made or classes missed. INT \_\_\_\_\_

### Release and Waiver of Liability

We, the student & guarantor, if applicable, on behalf of ourselves, members of our family, our executors, administrators and assigns, hereby forever release, discharge and hold harmless Onekick Martial Arts representatives and agents for any injury, loss, or damage to my person or property howsoever caused, arising out of or in connection with my taking part in Taekwondo classes and camp activities and notwithstanding that the same may have been contributed to or occasioned by the negligence Onekick representatives or agents.

I confirm that this form is complete and accurate. If I cannot be reached in an emergency, I hereby give permission to the Onekick staff to administer any first aid and medical treatment to campers named on this form. I acknowledge and agree to Onekick policies and information. **We must inform you that Onekick is not licensed by the state as a daycare.** Onekick is professional full time Taekwondo that provides martial arts based program. Onekick after school and summer camps operate as a **come and go program**, all students of Onekick may come and go, to and from classes or the premises, as they please. Onekick maintains an internal policy which requires check ID of legal parent/guardian or authorized care giver. INT \_\_\_\_\_

#### **Drop off, Pick up, and Field Trips Policies**

Camper should be dropped off between 8:00am-10:00am. Campers can be picked up between 4:00pm-6:00pm. There is a late pick up fee of \$5.00 for every 15 minutes after 6:00pm. Campers may not be dropped off or picked up at field trip location for safety reason. INT \_\_\_\_\_

#### **Belongings Policy**

Campers are not permitted to bring in their own games and electric product. Please write camper's name on any clothing or personal belonging that they bring to camp. Onekick is not responsible for any lost or stolen items. All lost & found items not claimed by following Monday morning may be disposed of. INT \_\_\_\_\_

#### **Medication, Allergies and Food Policy**

All medications and allergies must be informed to Onekick staff. If possible please have the child take medication before or after program hours. Campers may not bring any type of **peanut food**. No glass bottle please. Every camper must bring a lunch and two or more snacks. Campers will not be permitted to go outside to but their lunch or snack. INT \_\_\_\_\_

**Does your child(ren) have any allergies, food intolerances, medical or physical issues that we need to be aware of?** YES / NO

If yes, please describe below:

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### Field Trip, Transportation and Activity Waiver

I understand that field trips are a regular part of Onekick Martial Arts Camp programs. I give my permission to attend all Onekick field trips. A schedule of planned field trips is usually available before the designated camp date; however, camp field trips may be subject to change without announcement due to circumstances such as inclement weather or scheduling conflicts. Parents may contact Onekick Martial Arts front desk at any time to inquire about field trip schedules. I give Onekick permission to transport my child to and from the school and the various field trip locations. In the event I do not want my child to participate in any field trip, I must notify Onekick Martial Arts no less than one hour before the scheduled departure time. In the event that Onekick staff is unable to make alternate arrangements for my child due to circumstances such as scheduling conflicts or staffing requirements, I agree to pick up my child from Onekick no less than 30 minutes before the scheduled departure time for the field trip. I give my child permission to participate in all activities while at Onekick Martial Arts and also give my child permission to use all equipment at Onekick Martial Arts. INT \_\_\_\_\_

#### **Swim Permission**

I understand that periodically during Onekick summer camp program that swimming field trips are involved. I agree to have my child participate in these field trips at local pools and recreation centers, where the facility is responsible for providing sufficient lifeguard staff. INT \_\_\_\_\_

#### **Sunscreen Permission**

Onekick Staff are not permitted to apply rub on sunscreen except on face, staff can assist only spray on type sunscreen. I give my permission to Onekick staff to apply sunscreen to my child on field trips that present high exposure to the sun. I agree that I will provide sunscreen with my child's other belongings on those days. INT \_\_\_\_\_

#### **Media Waiver**

I give permission for my child(ren) to be photographed in any Onekick Martial Arts activities. I understand that these photographs may be used for information purpose within Onekick Martial Arts program and activities to the public through displays, advertisements, newspapers and other print media, in connection with Onekick Martial Arts information provided on the internet and website. INT \_\_\_\_\_

Responsible Party/Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Onekick Martial Arts Representative: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

# WELCOME TO ONEKICK MARTIAL ARTS

## SUMMER CAMP 2018

### Overview

Onekick Martial Arts has been providing martial arts instruction for children and adults in the Northern Virginia area. In the end 2014's we built upon this experience and began offering our innovative Martial Arts Spring and Summer Camps. Onekick Martial Arts Spring and Summer Camps offer a safe, exciting, and educational experience for children 5 through 12 years of age. A typical day will be filled with sports, arts & crafts, field trips, games, and professional martial arts instruction. Our program offers parents flexible hours: drop off times begin bright and early at 8:00am and pick up times run until 6:00pm. We offer camps virtually all summer long... a full 10 weeks! In addition, our well trained, enthusiastic, and professional staff enjoys providing each child an opportunity to learn, mature, and have fun in a safe environment. Call or visit us today and have your child join us for a great Spring and Summer!

### Taekwondo Class

Each morning our campers participate in a traditional martial arts class led by a professional black belt master instructor. Campers can expect improved coordination, physical fitness, focus, and discipline. The martial arts instruction also offers valuable self-defense skills and increased self confidence. Campers will participate in the same class curriculum as a full time taekwondo student, allowing them to continue their taekwondo training once the summer is over.



### Field Trip

Whether campers are spending the day swimming in an outdoor pool, visiting a museum or historic park, going to the movies to catch the latest summer hit, knocking down pins at bowling alley, or just playing in the playgrounds and parks, you can be sure your child will be enjoying an exciting summer. Our campers are exposed to a variety of different field trips that are not only fun also educational. To end the week, every Friday, campers are treated to a pizza party or party at area restaurants where they can expect more fun and games, and of course, food!



# SUMMER CAMP DESCRIPTION OF ACTIVITIES

- A. 8:00 – 9:30 Drop Off Time  
(During this time your child is invited to relax, read or play games.  
Bathroom & Changing Time)
- B. 9:30-10:00am Morning Activities (Hula Hoop, Jump Rope, Bowling, Dart, Hop Scotch, Cup Ball,  
Ring Toss, Domino, Block, Lego, Korean Traditional Games, and etc.)
- C. 10:00-10:30pm Field Trip Preparation  
(Snack time, Changing T-shirts, Swimming Suit / Apply Sunblock)
- D. 10:30- 12:30pm Field Trip (the cost for field trips is already included in your weekly tuition)
- E. 12:30-1:00pm Lunch Time (Team Tiger)  
12:00-1:00pm Movie (Team Dragon)

- Be sure to pack plenty of food, snacks, and beverages. The campers are very active and need plenty to eat and drink to maintain their energy levels and avoid dehydration. Also, on hot days we will provide a water cooler for outdoor field trips.

- F. 1:00-1:30pm Lunch Time (Team Dragon)  
1:00-1:30pm Movie (Team Tiger)

\*\*\*\*\* Mondays, we will provide a pizza party for lunch) \*\*\*\*\*

- G. 1:30-2:00pm Movie & Free time
- H. 2:00-3:00pm Structured Martial Arts Class (Team Tiger)  
2:00-3:00pm Academic Work (Team Dragon)

Every afternoon your child will participate in a Martial Arts class that lasts approximately one hour. During this time, your child will:

- Learn and improve the basic fundamentals and techniques of Tae Kwon Do and physical training.
- Participate in fun and challenging games that will help to build hand and eye coordination to improve one's physical fitness.
- Learn valuable self-defense techniques.
- You will also watch your child gain discipline, practice leadership roles, and most importantly – GAIN SELF-CONFIDENCE.

- I. 3:00-4:00pm Structured Martial Arts Class (Team Dragon)  
3:00-4:00pm Academic Work (Team Tiger)
- J. 4:00 – 6:00 Pick-up Time

(Academic work, Planned Activities, Arts and Crafts, Games)