

2025 ONEKICK SUMMER CAMP

364 S Pickett St. Alexandria, VA 22304 | 703-751-0000 | onekickva@gmail.com



Earlybird Special

BEFORE MARCH 31ST
\$320/WEEK

AFTER APRIL 1ST
\$350/WEEK

* 3 DAYS: \$270/WEEK

4 DAYS: \$300/WEEK

* SIBLINGS OR MILITARY DISCOUNT: \$10 OFF/WEEK FOR 5 DAYS ONLY

Parent/Guardian Name				
Address			City	
			Zip Code	
Student name (1)			DOB	
Student name (2)			DOB	
Contact Information	Primary Phone			
	Secondary Phone			
Email Address				

* Non-Member Registration fee: \$100 (TKD Uniform & Bag Included)

(Registration fee & Deposit payment are not Refundable)

Week	Dates	Attending Days	Amount/week	\$40/week for Deposit	Total Unpaid Amount
1	Jun. 16-20	____ Days (M T W Th F)	\$	\$ 40	\$
2	Jun. 23-27	____ Days (M T W Th F)	\$	\$ 40	\$
3	Jun. 30-Jul 3 (4 days)	____ Days (M T W Th F)	\$	\$ 40	\$
4	Jul. 7-11	____ Days (M T W Th F)	\$	\$ 40	\$
5	Jul. 14-18	____ Days (M T W Th F)	\$	\$ 40	\$
6	Jul. 21-25	____ Days (M T W Th F)	\$	\$ 40	\$
7	Jul. 28-Aug. 1	____ Days (M T W Th F)	\$	\$ 40	\$
8	Aug. 4-8	____ Days (M T W Th F)	\$	\$ 40	\$
9	Aug. 11-15	____ Days (M T W Th F)	\$	\$ 40	\$
* The deposit (\$40/week) will be deduced from the weekly payment. * Summer camp payment will be processed on every Friday. * Camp T-shirts available for purchase (\$20)			Registration Fee (new members only)	\$ 100	
			Camp T-shirts	\$	
			Total	\$	

Electronic Funds Transfer (EFT) Payment Authorization Form

- EFT from Checking / Saving Account (A voided check or Bank account Info. Required) Bill Account on File
- EFT from Credit / Debit Card (An additional 4% fee will be assessed with payments.)

Card Number: _____ Expiration Date: _____/_____/_____ V-code: _____

By signing below, you agree to be billed for 2025 Summer Camp for the weeks indicated above. The payment is due the Friday before your next week of Summer Camp. Additional days may be added contingent upon availability with at least 2 weeks' notice and with the prior approval of the Onekick Martial Arts Director.

Parent Name (please print): _____

Parent Signature: _____ Date: _____/_____/_____



Camp Information & Policies

Terms and Payment Policy

This Registration form is a contract that is legally binding and must be upheld by both customer and Onekick. This contract is non-cancellable and non-refundable. Automatic payment is required via EFT from checking/saving account or credit/debit card for unpaid balance. Onekick reserves the right to alter the days, hours of operation and classes if deemed necessary. The student and co-signer agree unconditionally to pay the above summer camp tuition without regard to the attendance made or classes missed. **A service charge of \$15.00** will be applied to my account should any item be rejected for payment upon presentation, which I agree to pay.

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Safety Policy

Our commitment is to keep our members, parents, and employees, safe. Their well-being is our number one priority. We need your help in order to make summer camp a success as well. Students will be asked to wash hands or use hand sanitizer periodically throughout the day. Wearing masks is optional for campers in our studio.

We will not be able to accept students who:

- Are currently sick (any symptoms)
- Are currently in quarantine due to Covid-19
- Have a high temperature (100.4 degrees F or higher)

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Absence and Cancellation Policy

There is **no refund, pro-rates, credit or date change** for summer camp program due to any absence (sickness, check-up, vacation, schedule conflict, covid-19 and etc.). Summer camp payment will be processed **on Friday before each week of summer camp the child(ren) will attend**. Summer camp can be cancelled and switched the weeks with **2-week written notice only**. **(Registration fee & Deposit payment are not Refundable).**

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Drop-off, Pick-up Policy

Camper should be dropped off between 8:00-10:00am. Students can be picked up between 4:00pm and 6:00pm. Pick-up and Drop-off will be at **BACK DOOR Only**. There is a late pick up fee \$5.00 for every 10 minutes after 6:00pm. Only people provided in camp registration form for authorized pick up list allow to pick up your child(ren), otherwise please email us to notify (ID check required). Campers may not be dropped off or picked up at field trip location for safety reason.

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Discipline and Guidance Policy

Onekick reserves the right to send home any summer camp students whose behavior is considered by the director or any other authorized Onekick staff. If your child's behavior is very disruptive or harmful to him(her)self or other children, we will discuss the issue with you. If the situation can be resolved, the child may remain enrolled. If we are unable to resolve the issue, you may be asked to make other summer camp arrangements.

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Belongings Policy

Students are not permitted to bring in their own games and electric product. Please write students' name on any clothing or personal belonging that they bring to camp. Onekick is not responsible for any lost or stolen items. All lost & found items not claimed by following Monday morning may be disposed of. **What you will need to bring: Uniform & Belt, Water bottles, Nut-free lunch, Two nut-free snacks, Socks for taekwondo class if preferred, and Books** (Keep in mind, all personal belongings MUST NOT be shared.)

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Media Waiver



I give permission for my child(ren) to be photographed in any Onekick Martial Arts activities. I understand that these photographs may be used for information purpose within Onekick Martial Arts program and activities to the public through displays, advertisements (google, facebook, etc.), newspapers and other print media, in connection with Onekick Martial Arts information provided on the internet and website.

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Medication, Allergies and Food Policy

All medications and allergies must be informed to Onekick staff. If possible, please have the child take medication before or after program hours. Onekick is **PEANUT-FREE** so please do not bring any type of peanut food (in cookie, granola bars, sandwiches). No glass bottle please. Every camper must bring a lunch and two or more snacks. Lunch will be served every Monday (pizza, restaurants, Korean food festival). Students will not be permitted to go outside to buy their lunch or snack.

If students are inflicted with a sickness, guardians of the students should notify Onekick Staff immediately with a note from doctor. Students must stay home and not participate in any Onekick Martial arts activities if they exhibit any symptoms of illness such as and not excluded to:

Vomiting/Diarrhea/Rash and other dermatology diseases/Persistent Cough/A fever over 100 degrees Fahrenheit Obvious contagious conditions, such as head lice or pick eye.

Students must be symptom free for 24 hours before they can continue with any activities at Onekick Martial Arts

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Does your child(ren) have any allergies, food intolerances, medical or physical issues that we need to be aware of?

YES / NO

If yes, please describe: _____

Field Trip, Transportation and Activity Waiver

I understand that field trips are a regular part of Onekick Martial Arts Camp programs. I give my permission to attend all Onekick field trips. A schedule of planned field trips is usually available before the designated camp date; however, camp field trips may be subject to change without announcement due to circumstances such as inclement weather or scheduling conflicts. Parents may contact Onekick Martial Arts front desk at any time to inquire about field trip schedules. I give Onekick permission to transport my child to and from the school and the various field trip locations. In the event I do not want my child to participate in any field trip, I must notify Onekick Martial Arts no less than one hour before the scheduled departure time. In the event that Onekick staff is unable to make alternate arrangements for my child due to circumstances such as scheduling conflicts or staffing requirements, I agree to pick up my child from Onekick no less than 30 minutes before the scheduled departure time for the field trip. I give my child permission to participate in all activities while at Onekick Martial Arts and also give my child permission to use all equipment at Onekick Martial Arts.

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Swim Permission, Swimsuit & Sunscreen Policy



I understand that periodically during Onekick summer camp program that swimming field trips are involved. I agree to have my child participate in these field trips at local pools and recreation centers. Campers must wear swimsuit on swimming field trip days before coming to the camp. Campers need to be applied sunscreen before coming to the camp as well. Onekick Staff are not permitted to apply sunscreen on campers. Campers should put on sunscreen by themselves if needed. (Swimming towel & Water shoes are required.)

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Release and Waiver of Liability

We, the student & guarantor, if applicable, on behalf of ourselves, members of our family, our executors, administrators and assigns, hereby forever release, discharge and hold harmless Onekick Martial Arts representatives and agents for any injury, loss, or damage to my person or property howsoever caused, arising out of or in connection with my taking part in Taekwondo classes and camp activities and notwithstanding that the same may have been contributed to or occasioned by the negligence Onekick representatives or agents. I confirm that this form is complete and accurate. If I cannot be reached in an emergency, I hereby give permission to the Onekick staff to administer any first aid and medical treatment to campers named on this form. I acknowledge and agree to Onekick policies and information. **We must inform you that Onekick is not licensed by the state as a daycare.** Onekick is professional full time Taekwondo that provides martial arts based program. Onekick after school and day camps operate as a come and go program, all students of Onekick may come and go, to and from classes or the premises, as they please. Onekick maintains an internal policy which requires check ID of legal parent/guardian or authorized care giver.

Responsible Party/Parent's Signature: _____ Date: ____/____/____

Onekick Martial Arts Representative: _____ Date: ____/____/____

Program Overview

Onekick Martial Arts has been providing martial arts instruction for children and adults in the Northern Virginia area. In the end of 2014 we built upon this experience and began offering our innovative Martial Arts Spring, Summer and Day Camps. Onekick Martial Arts Spring, Summer, and Day Camps offer a safe, exciting, and educational experience for children 5 through 12 years of age. A typical day will be filled with field trips, special activities, physical fitness, arts & crafts, games, and professional martial arts instruction. Our program offers parents flexible hours: drop-off times begin bright and early at 8:00am and pick-up times run until 6:00pm. Our well-trained staff is dedicated to providing a safe environment for students. Call or visit us today and have your child join us!

Taekwondo Class

Each afternoon our campers participate in a traditional martial arts class led by a professional black belt master instructor. Campers can expect improved coordination, physical fitness, focus, and discipline. The martial arts instruction also offers valuable self-defense skills and increased self confidence. Campers will participate in the same class curriculum as a full time taekwondo student, allowing them to continue their taekwondo training.



Quiet & Reading Time

After lunch we will have quiet & reading time. We will provide a quiet space and supervision so campers can work on workbooks, read, or other activities that they bring. Campers can use this time to study previous material or prepare for the next school year. In our summer camp program, we transition from physical activities to quiet and reading time to give our attendees a well-rounded experience and all the help they need to succeed.



Field Trip & Special Activity

Every week we will be going on field trips. We will go to the park for outdoor fun and games. We will also go out various locations (bounce houses, trampoline parks, mini golf, etc.) for exclusively our campers. You can be sure your child will have a unique and exciting time while at our day camp. Our campers will be exposed to a variety of different special activities as well that are not only fun but educational as well. Also, you don't need to bring lunches on Mondays, because we will be having Pizza Parties!

Safety

Our members' health and safety is our first priority. We're following all Virginia safety guidelines. Here is what you can expect from us. Classes and activities will be organized and we will be disinfecting our facility every day. We will disinfect shared equipment after use and we will encourage (enforce) good hygiene as well. Wearing facemasks is optional for campers in our studio.



Description of Activities

- A. 8:00 – 10:00am Drop-off Time (Back Door Only)
(Belongings in their cubby, Wash hands, Free Time)
- B. 9:30 – 10:00am Snack Time #1 & Reading Time (Team Dragon) at Activity Room
Morning Activities (Team Tiger) at Dojang
- 10:00 – 10:30am Snack Time #1 & Reading Time (Team Tiger) at Activity Room
Morning Activities (Team Dragon) at Dojang
- C. 10:30-10:45am Field Trips or Special Activities Preparation (Attendance check, Loading)
- D. 10:45- 12:00pm Field Trips or Special Activity
- E. 12:00-1:00pm Lunch Time (Team Tiger) & Reading Time
12:00-1:00pm Movie (Team Dragon) at Dojang
- 1:00-2:00pm Lunch Time (Team Dragon) & Reading Time
1:00-2:30pm Movie (Team Tiger) at Dojang
- * Mondays, we will provide a Pizza or Sub for lunch *
- F. 1:30-2:30pm Movie, Changing Uniform
- G. 2:30-3:30pm Structured Martial Arts Class (Team Tiger) & Games
Daily Activity, Free Time (Team Dragon)
- 3:30-4:30pm Structured Martial Arts Class (Team Dragon) & Games
Snack Time #2, Changing Time, Daily Activity (Team Tiger)
- ** Campers will be having a fun taekwondo class every Friday including physical fitness and fun games (No uniform needed). **
- H. 4:30-5:00pm Playing Time (Team Tiger) at Dojang
Snack Time #2, Changing Time (Team Dragon) at Activity Room
- I. 4:30 – 6:00pm Pick-up Time (Back Door Only)
Academic work, Planned Activities, Tablets, Free Time

2025 SUMMER CAMP FIELD TRIP/SPECIAL ACTIVITY SCHEDULE

	Mon	Tue	Wed	Thu	Fri
Week 1 6/16 - 6/20	Park & Pizza Party	Air Tumble Track	Chuck E Cheese's	Nunchaku Seminar & Ice Cream	Swimming (Edsall Park Swim Club)
Week 2 6/23 - 6/27	Uno Pizzeria (Make own pizza)	Movie Theater	Dodge Ball Challenge	Board Breaking Day & Ice Cream	Swimming (Edsall Park Swim Club)
Week 3 6/30 - 7/3	Park & Pizza Party	Nerf Games	Pump It Up	Sword Seminar & Ice Cream	CLOSED
Week 4 7/7- 7/11	Park & Pizza Party	Air Tumble Track	Chuck E Cheese's	Bo Staff Seminar & Ice Cream	Swimming (Edsall Park Swim Club)
Week 5 7/14 - 7/18	Korean Festival (Korean Foods & Games)	Lego Building Contest	Get Air	Nunchaku Seminar & Ice Cream	Swimming (Edsall Park Swim Club)
Week 6 7/21 - 7/25	Park & Pizza Party	Movie Theater	Dodge Ball Challenge	Board Breaking Day & Ice Cream	Swimming (Edsall Park Swim Club)
Week 7 7/28 - 8/1	Park & Pizza Party	Air Tumble Track	Chuck E Cheese's	Sword Seminar & Ice Cream	Swimming (Edsall Park Swim Club)
Week 8 8/4- 8/8	Uno Pizzeria (Make own pizza)	Lego Building Contest	Pump It Up	Bo Staff Seminar & Ice Cream	Swimming (Edsall Park Swim Club)
Week 9 8/11 - 8/15	Park & Pizza Party	Glow In The Dark Dance Party	Get Air	Farewell Party & Ice Cream	Swimming (Edsall Park Swim Club)

BACK TO SCHOOL! SEE YOU NEXT SUMMER!

**** All the Field trips are tentative (may change due to the weather condition and reservation status) ****



ONEKICK MARTIAL ARTS OF ALEXANDRIA

364 S PICKETT ST. ALEXANDRIA, VA 22304

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